

Seniors Festival Program

1 February - 19 March 2020





Contents

Foreword by the Mayor	5
Festival Events	6
Calendar of Events	26
Partners and Sponsors	50

Seniors Festival

Strength training for seniors



Building strength doesn't have to be hard!

Come in and try one of our classes, have a swim or just get moving! As part of Seniors Week we are encouraging Seniors to take part in one of our group fitness classes between 13 Feb - 24 Feb. Contact our team on the numbers below for group fitness times.

- **yoga/pilates classes**
- **body tone classes**
- **stay active classes**
- **aqua aerobic classes**

Springwood Aquatic & Fitness Centre
4723 5111

Katoomba Sports & Aquatic Centre
4780 5156

Get active. Stay healthy. Enjoy life...



Foreword



Dear Resident,

NSW Seniors Festival (formerly Seniors Week) is the largest festival for seniors in the Southern Hemisphere. To acknowledge the remarkable contributions our local seniors make to our Blue Mountains community, a program of events for the month of February has been put together. The theme for 2020 focuses on '**Love To Celebrate**'.

It's about promoting inclusive communities. It's also an opportunity to promote a better understanding about seniors and the value they add to our lives .

I would like to acknowledge the hard work of contributing Blue Mountains community organisations and businesses in developing this extensive program of events.

I am confident that the NSW Seniors Festival for 2020 will be successful, as we pay tribute to our seniors across the Blue Mountains.

A stylized, handwritten signature in black ink, consisting of several sweeping, overlapping lines that form the name 'Mark Greenhill'.

Councillor Mark Greenhill OAM
Mayor of the City of Blue Mountains

25 January – 22 March

Blue Mountains Portraits exhibition & the National Photographic Portrait Prize

- Venue** Blue Mountains Cultural Centre
30 Parke St, Katoomba
- Time** Monday to Friday 10am – 5pm
Saturday to Sunday 10am – 4pm
- Cost** Free (only during Seniors Week 12-23 February 2020)
- Host** Blue Mountains Cultural Centre
- Contact** 4780 5410

During Seniors Week, seniors can explore the Blue Mountains City Gallery and World Heritage Exhibition FREE.

The *Blue Mountains Portraits Exhibition and National Photographic Portrait Prize* will be on exhibition at this time and it is the Cultural Centre's annual celebration of the local community and its diverse members. Over forty artworks in a broad range of styles and media will be exhibited together with a selection of local students' work.

After a visit to the Blue Mountains Art Gallery and award winning World Heritage Exhibition, you may enjoy a visit to the central courtyard and viewing platform to capture a glimpse of the spectacular views of the Jamison Valley.



Rachel Peachey
Taking the waters



Monday 3 February

Senior Drivers Workshop

Venue Blue Mountains Theatre and Community Hub
104 – 108 Macquarie Rd, Springwood

Time 10am – 12 noon

Cost Free – includes morning tea and show bag

Host Blue Mountains City Council

Contact Council's Road Safety Coordinator on 4780 5000

Come along to an interactive workshop on driver safety for seniors. The two-hour workshop will focus on the following:

- Refresh your knowledge about road rules & speed limits
- Safe driving tips
- Understand licencing for older drivers
- Your health and driving

Numbers are limited. Bookings are essential for catering purposes.



Thursday 6 February

The Wollemi Pine with Liz Benson

- Venue** Springwood Library
104 Macquarie Rd, Springwood
- Time** 10.30am
- Cost** Free (includes morning tea)
- Host** Blue Mountains Library
- Contact** Springwood Library on 4723 5040

In her former role as an Education Officer at the Botanic Gardens, Liz Benson frequently addressed groups on the topic of the locally discovered Wollemi Pine. In this talk she will discuss the impact of this discovery on our knowledge and interest in the Gondwanan period of Australian nature.

Spaces are limited – bookings are essential and can be made at any Library branch.





Monday 10 February

Belvoir Talk on Theatre Storytelling and Community Official Launch for Seniors Festival Blue Mountains 2020

- Venue** Carrington Hotel, Katoomba (in the Ballroom)
Time 10.45am for 11am start – 1.30pm
Cost Gold coin donation (includes light refreshments)
Host Belong Blue Mountains & Blue Mountains City Council
Contact **Bookings essential** please contact Belong Blue Mountains Katoomba Neighbourhood Centre on 47821117 for details

MC John Hockney

Special Guest Speakers

Kodie Bedford & Aaron Beach from Belvoir St Theatre.

Kodie Bedford, Belvoir's 2018 Balnaves Aboriginal and Torres Strait Islander Fellow, alongside Deputy Executive Director and Senior Producer Aaron Beach, will be speaking about connecting with community in the development of a new play, as well the process of bringing Kodie's new work *Cursed!* to the mainstage as part of Belvoir's 2020 season.

belvoir.com.au/productions/cursed







Tuesday 11 February

Morning Tea and games at Katoomba Library

- Venue** Katoomba Library
30 Parke St, Katoomba
- Time** 10.30am – 12 noon
- Cost** Free (includes morning tea)
- Host** Blue Mountains Library
- Contact** Katoomba Library on 4780 5750

Join us at Katoomba Library for the first session in a new program to be held on the second Tuesday of each month. We provide the puzzles and games. You provide the brain! Meet new people and share in the fun and morning tea. Come on your own or bring a friend.

Spaces are limited – bookings are essential and can be made at any Library branch.

Seniors Festival Program

Wednesday 12 February

The Swinging Sixties Show

A co-presentation by Blue Mountains City Council, Springwood Neighbourhood Centre & Blue Mountains Theatre

Venue Blue Mountains Theatre and Community Hub,
104 – 108 Macquarie Rd, Springwood

Time 10am (concert starts at 11am - ends at 12.30pm)

Cost \$20 (includes morning tea and concert)

Host Blue Mountains City Council
& Springwood Neighbourhood Centre

Contact The Box Office 4723 5050 or book online
bluemountainstheatreandhub.com.au

The Swinging Sixties Show is a 90 minute music spectacular filled with non-stop entertainment and fun, featuring songs from The Beatles, The Rolling Stones, The Kinks, The Monkees, The Easy beats, Cilla Black, Dusty Springfield, Lulu and more!

Limited transport is available for seniors in the Valley Heights – Linden area to attend this event.





Wednesday 12 February

Movie Event Cover Girl (1944)

- Venue** Palais Royale
230 Katoomba St, Katoomba
- Time** 10.45am for a 11am start (1.30pm finish)
- Cost** Gold coin donation
- Host** Belong Katoomba Neighbourhood Centre
- Contact** 4782 1117

A 1944 American Technicolor musical starring Rita Hayworth and Gene Kelly. The film tells the story of a chorus girl given a chance at stardom when she is offered an opportunity to be a highly paid cover girl. Directed by Charles Vidor, it was one of the most popular musicals of the war years. There will also be a guest speaker.

Audio Description available for film for people living with vision impairment. You will need an audio description app on your smart phone. Please contact Korey at Belong Blue Mountains for more information or for more assistance with setting up the audio description app.



PALAIS ROYALE

Wednesday 12 February

Laughter Yoga with Judy Morgan of Living Beautifully

- Venue** Blaxland Library
33 Hope St, Blaxland
- Time** 10.30am
- Cost** Gold coin donation (includes morning tea)
- Host** Blue Mountains Library
- Contact** Blaxland Library on 4739 4284

Join us for a morning of fitness and fun with Judy Morgan of 'Living Beautifully'. Laughter Yoga is a group session of aerobic activity which turns fake laughter into contagious real laughter.

Spaces are limited – bookings are essential and can be made at any Library branch.



Thursday 13 February

Botanical Watercolour painting with Naomi Oliver

- Venue** Katoomba Library
30 Parke St, Katoomba
- Time** 10.30am
- Cost** Free (includes morning tea and all materials supplied)
- Host** Blue Mountains Library
- Contact** Katoomba Library on 4780 5750

Join a friendly group of beginners and have fun learning the basics of watercolour painting. Naomi Oliver has worked as an exhibiting artist for over a decade, specialising in digital media, installation and a number of handicrafts.

She has exhibited her artwork and collaborated with artists in both Australia and internationally, and has been an artist-in-residence at Arteles Creative Centre in Hameenkyro, Finland. She regularly presents workshops at Blue Mountains Library, as well as a number of galleries, such as Penrith Regional Gallery and the Lewers Bequest.

Spaces are limited – bookings are essential and can be made at any Library branch.



Thursday 13 February

Honey Bees, Up Close

Venue Blue Mountains Cultural Centre

Time 2pm – 3pm

Cost Free

Host Blue Mountains Cultural Centre

Contact 4780 5410

Join us at the Cultural Centre for an introduction to the honey bees and hives located on our rooftop garden. Watch from behind the glass windows of the Member's Lounge as the Blue Mountains Beekeepers open up the hives and explain how a honey bee colony works.

Learn a little about these remarkable creatures, recently named as the most important animals on Earth, and pick up tips on how you can help bees to thrive in your own environment.

Presented by the Blue Mountains Beekeepers.

Please note opening hives is dependent on good weather conditions.

Spaces are limited.

Bookings essential at reception or 4780 5410.





Friday 14 February

Library Lovers' Day Celebrations

- Venue** All Library Branches
- Cost** Free
- Host** Blue Mountains Library
- Contact** Springwood Library on 4723 5040
Katoomba Library on 4780 5750

Customers can share in the love for public libraries by joining Blue Mountains Library on Valentine's Day, when they will find free heart-shaped chocolates in all branches.

Library Lovers' Day is a chance for everyone to connect with their local Library and the huge range of resources and information Libraries offer, as well as their warm, welcoming and comfortable spaces.







Saturday 15 February

Memorys of Woodford

- Marion Memory, Music Mistress, and Muse

Venue Venue Woodford Academy
90-92 Great Western Highway, Woodford
(on street parking available on Vale Rd)

Time 1 – 2pm

Cost Adults \$10, Seniors/Students (5-15yrs) \$8,
Family \$25 (2 adults, 2 children), Child under 5 free
Ticket includes: Museum Entry, talk & guided museum tour

Host National Trust / Woodford Academy Management Committee

Contact woodfordacademy@gmail.com

The archives of the Woodford Academy provides a dramatic and tragic story of the life and death of Ellen Marian Memory, the daughter of Florence Nightingale Murphy who eloped as a 16yr old Woolloomooloo schoolgirl with the dashing Arthur Memory, a 22-year-old English salesman whose later desertion provided sensationalist copy for the 1896 English and colonial newspapers.

This talk is by local historian Kate O'Neill. Kate O'Neill has a Postgraduate Degree in History from UNE, and is currently undertaking a MA in Museum Studies at Sydney University.



Saturday 15 February

Caring for End of Life Symposium

- Venue** Presbyterian Church Hall
Wentworth St, Blackheath
- Time** 9.30am – 4.30pm
- Cost** Free
- Host** Blue Mountains Compassionate Community - The Groundswell Project, The Nepean Blue Mountains Primary Health Network , Blackheath Area Neighbourhood Centre and The Old Codgers.
- Contact** Niki Read on 0437 877 232 or niki@thegroundswellproject.com

This free event will provide information and learning opportunities around caring for people at the end of life; including death doulas, palliative care, dying at home, DIY and green funerals and community based grief support.

There will also be an open training for anyone young and old who wants to become a Willing Villager – everyday people resourced with information about end of life care and how to share it.

THE **GROUNDSWELL** PROJECT



Monday 17 February

Katoomba Bring a Friend Lunch

- Venue** Katoomba Community Centre
Civic Pl, Katoomba
- Time** 12 noon
- Cost** 3 Course meal for \$5 each
(\$5 each for the person who brings a friend who
hasn't attended before and \$5 for the friend)
- Host** Blue Mountains Food Services
- Contact** 4759 2811

**Please reserve your place by booking before Friday 14 February
for catering purposes.**



Monday 17 February

It's a Knockout

- Venue** Blackheath Area Neighbourhood Centre Phillips Hall
Gardiner Cres, Blackheath
- Time** 1 – 3pm
- Cost** \$25 per team (afternoon tea included)
Funds raised will go to support the Blackheath Edifice and
Artefact Upkeep (BEAU) which helps keep Blackheath beautiful
- Host** Blackheath Area Neighbourhood Centre
- Contact** Jo Davies 0438 099 081

Come and enjoy a Senior's Week event with a difference. Bring your team of 6 and your supporters and join us for a game of It's A Knockout! Tabloid Games-inspired.

There will be a number of activities to compete in (we are aiming for movement, hand/eye coordination activities and lots of fun!) to win a very fine, original It's A Knockout Team Trophy.

This will be followed by a delicious afternoon tea.

Bookings for both the team event and the afternoon tea are essential.



BANC



Monday 17 February

Flex for Seniors (followed by a light lunch)

- Venue** Winmalee Public School (Leslie St, Winmalee)
& lunch at Winmalee Neighbourhood Centre
(White Cross Rd, Winmalee)
- Time** 11.30am
- Cost** Free
- Host** Winmalee Neighbourhood Centre
- Contact** Melissa Stortenbeker on 4754 4050

Take part in a gentle exercise class with Karin Pearson, which can improve your health, flexibility and balance. There will also be the opportunity for participants to join the program which runs on a weekly basis.



Monday 17 February

Bush Walk along the Jamison Creek

- Venue** Charles Darwin walk
Meet at Wilson Park Falls Rd, Wentworth Falls
- Time** 10.30am – 12.30pm
- Cost** Free
- Host** Blue Mountains City Council Healthy Waterways Team
- Contact** 4780 5739

Come and join us for an enjoyable and informative morning walk and history/nature talk on the Charles Darwin Walk. The walk is relatively flat and easy, you will need good walking shoes, water, a sun hat and a snack.





Tuesday 18 February

Blaxland Bring a Friend Lunch

- Venue** Blaxland Community Centre
33 Hope St, Blaxland
- Time** 12 noon
- Cost** 3 Course meal for \$5 each
(\$5 each for the person who brings a friend who
hasn't attended before and \$5 for the friend)
- Host** Blue Mountains Food Services
- Contact** 4759 2811

**Please reserve your place by booking before Friday 14 February
for catering purposes.**



Seniors Festival Program

Download the program of events from bmcc.nsw.gov.au/seniors-week

25 January – 22 March

Blue Mountains Portraits exhibition & the National Photographic Portrait Prize

Blue Mountains Cultural Centre

Monday 3 February

Event Senior Drivers Workshop

Blue Mountains Theatre and Community Hub

Thursday 6 February

The Wollemi Pine with Liz Benson

Springwood Library

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Belvoir Talk on Theatre Storytelling and Community

Carrington Hotel Katoomba

Tuesday 11 February

Morning Tea and games

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All Library Branches

Saturday 15 February

Memorys of Woodford - marion memory, music mistress, and muse

Woodford Academy

Saturday 15 February

End of Life Symposium

Presbyterian Church Hall, Blackheath

Monday 17 February

Katoomba Bring a Friend Lunch

Katoomba Community Centre

Monday 17 February

It's a Knockout

Blackheath Area Neighbourhood Centre

Monday 17 February

Flex for Seniors

Winmalee Public School

Monday 17 February

Bush Walk along the

Jamieson Creek

Bush Walk along the Jamieson Creek

Tuesday 18 February

Blaxland Bring a Friend Lunch

Blaxland Community Centre

Tuesday 18 February

RSPCA Open Day Katoomba

Blue Mountains Shelter

Tuesday 18 February

How to do Cryptic Crosswords

with Ralph Penglis

Katoomba Library

Supporting Partners & Sponsors of the 2020 Seniors Festival

Belong Blue Mountains (Katoomba, Mid Mountains & Lower Mountains Neighbourhood Centres); Blackheath Blue Mountains Cultural Centre; Blue Mountains Food Services; Blue Mountains Leisure Centres; Blue Mountains Springwood Neighbourhood Centre; The Carrington Hotel Blue Mountains; The Groundswell Project; Valley Hill Neighbourhood Centre and Woodford Academy.



Tuesday 18 February

Gentle Exercise Class

Healthy Living for Seniors Katoomba

18 February to 21 February

Seniors Meal and Coffee discount

Ben Roberts Cafe, Lawson

Wednesday 19 February

Lawson Bring a Friend Lunch

Mid Mountains Neighbourhood Centre

Wednesday 19 February

Blackheath Bring a Friend Lunch

Blackheath Community Centre

Wednesday 19 February

Making an Insect Hotel

with Sonya Leehy
Springwood Library

Thursday 20 February

Springwood Bring a Friend Lunch

Springwood Community Centre

Saturday 22 February

The Australian Seekers Show

Katoomba RSL

Sunday 23 February

Seniors Festival Special'

One for One' Offer

Valley Heights Locomotive Depot
Heritage Museum

Monday 24 February

Seniors Week Recognition Awards

Blue Mountains Theatre & Community Hub

Tuesday 25 February

How to do Cryptic Crosswords with Ralph Penglis

Katoomba Library

Tuesday 25 to 28 February

Seniors Meal Deal

Ben Roberts Cafe, Lawson

Wednesday 26 February

Movie Event - Adventures of Priscilla Queen of the Desert

Palais Royale

Thursday 27 February

Seniors Week Morning Tea

Belong Blue Mountains –
Mid Mountains Neighbourhood Centre

Friday 28 February

History Tour of Lawson Cemetery

Lawson Cemetery

Saturday 29 February

Life at the Wild Frontiers

– a talk by the Bush explorers

Springwood Library

Saturday 29 February

2020 Sydney Gay and Lesbian

Mardi Gras Parade bus trip

Oxford Street, Sydney

Tuesday 11 March

Movie Event Breakfast at Tiffany's

Palais Royale

Thursday 19 March

Get Back! to the Carrington with The Beatels

Carrington Hotel, Katoomba

Neighbourhood Centre; Blue Mountains Library;
ins Theatre & Community Hub; Palais Royale Katoomba;
eights Locomotive Depot Heritage Museum; Winmalee

For a hard copy of the program please
call 4780 5000 or get a copy from Council
libraries or Customer Service Counters.

Seniors Festival Program

Tuesday 18 February

RSPCA Open Day Katoomba

Venue Blue Mountains Shelter
121-125 Mort St, Katoomba

Time 10am – 1pm

Cost Free

Host RSPCA

Contact 0421 489 083

The shelter will offer information stands about our aged care programs; how to care for elderly pets, travel advice, and long term pet plans. There will be RSPCA merchandise available to purchase together with raffles, and refreshments. Where available, we will also be offering 'Seniors for Seniors' pet adoptions and shelter tours.





Tuesday 18 + 25 February

How to do Cryptic Crosswords with Ralph Penglis

- Venue** Katoomba Library
30 Parke St, Katoomba
- Time** 10am – 12.30pm
- Cost** Free (includes morning tea and all materials supplied)
- Host** Blue Mountains Library
- Contact** Katoomba Library on 4780 5750

Clue: Book a park (7)

Ever considered trying to solve a cryptic crossword puzzle? It may seem challenging at first but really only requires a bit of patience, plus awareness of some basic rules.

Join expert Ralph Penglis in a series of two workshops designed for beginners, as well as those who have some prior experience and would like to sharpen their skills.

Answer: Reserve

Participants need to attend both sessions on 18 and 25 February.

Spaces are limited – bookings are essential and can be made at any Library branch.







Tuesday 18 February

Gentle Exercise Class

Balance Class including Strength and Falls Prevention exercises

Venue Petulara Community Room
Cnr Waratah and Lurline Sts, Katoomba

Time 11am – 12.30pm

Cost Free (for Seniors Week)

Host Uniting

Contact Donna Goddard HLFS Coordinator 0447 032 145
or Annika Bloomfield HLFS Coordinator 0481 410 328

Come and join in a Balance Class with Uniting's Allied Health Team. Focusing on balance, strength and Falls Prevention. There is also an opportunity to join our Healthy Living for Seniors group and participate in many different activities such as bus trips, outings for lunch, movie days, gentle exercise classes such as seated yoga and relaxation with qualified instructors.

Our groups run weekly and your first four visits are free to see if it's for you.

Then join us for light refreshments afterwards.

Over 65 year olds/55 for ATSI's welcome. Wear comfortable clothing.

Uniting

18 February - 21 February

Seniors \$15 meal and coffee deal

Venue	Ben Roberts Café 10 Benang St, Lawson
Time	11am – 2pm
Cost	\$15 Barista Coffee and Meal Deal
Host	Ben Roberts Café Lawson
Contact	0434 314 254

Choose from one of our Chef's special Senior's Meals and a small barista made Coffee or tea

- Soup of the Day
- Roast Vege Salad
- Quiche Lorraine & salad
- Fish, Chips & Salad
- Ham Cheese and Tomato Toasted Turkish Sandwich with salad

Simply show your Seniors Card to get this special treat.





Wednesday 19 February

Lawson Bring a Friend Lunch

Venue Mid Mountains Neighbourhood Centre Lawson
9 New St, Lawson

Time 12 noon

Cost 3 Course meal for \$5 each
(\$5 each for the person who brings the friend who
hasn't attended before and \$5 for the friend)

Host Blue Mountains Food Services

Contact 4759 2811

**Please reserve your place by booking before Monday 17 February
for catering purposes.**



Wednesday 19 February

Blackheath Bring a Friend Lunch

Venue Blackheath Community Centre
Gardiner Cres, Blackheath

Time 12 noon

Cost 3 Course meal for \$5 each
(\$5 each for the person who brings the friend who
hasn't attended before and \$5 for the friend)

Host Blue Mountains Food Services

Contact 4759 2811

**Please reserve your place by booking before Friday 14 February
for catering purposes.**





Wednesday 19 February

Making an Insect Hotel with Sonya Leehy

Venue Springwood Library
104 Macquarie Rd, Springwood

Time 10.30am – 12 noon

Cost Free (includes morning tea and all materials supplied)

Host Blue Mountains Library

Contact Springwood Library on 4723 5040

Bees, butterflies and insects play an essential role in pollinating our gardens. They transfer pollen from one flower to another, fertilising plants so they start forming fruits and seeds.

Sonya Leehy, Activities Officer at Bunnings, will show you how to make an Insect Hotel to help attract bees and beneficial insects to your garden.

Spaces are limited – bookings are essential and can be made at any Library branch.

Thursday 20 February

Springwood Bring a Friend Lunch

- Venue** Springwood Community Centre
104 – 108 Macquarie Rd, Springwood
- Time** 12 noon
- Cost** 3 Course meal for \$5 each
(\$5 each for the person who brings the friend who
hasn't attended before and \$5 for the friend)
- Host** Blue Mountains Food Services
- Contact** 4759 2811

**Please reserve your place by booking before Tuesday 18 February
for catering purposes**





Saturday 22 February

The Australian Seekers Show

Venue Katoomba RSL
86 Lurline St, Katoomba

Time 7.30pm for 8pm start

Cost Seniors Card Holders \$15, Members \$25/Non- members \$29
Tickets available from the Club Box Office, Online (+bf) or over the phone (+bf).

Host Katoomba RSL

Contact 4782 2624

The Australian Seekers Show is proud to present the songs and the sounds of one of Australia's most successful and iconic groups – The Seekers. Enjoy timeless classics and cover hits including California Dreaming, Puff the Magic Dragon, Turn Turn Turn, Yesterday, Blowin' in the Wind,

There is a fantastic new restaurant, to enjoy a variety of dishes.

Free shuttle bus service available.



Seniors Festival Program

Sunday 23 February

Seniors Festival Special 'One for One' Offer

- Venue** Valley Heights Locomotive Depot Heritage Museum
17b Tusculum Rd, Valley Heights
- Time** 10am – 4pm (last ride at 3.30pm)
- Cost** Free admission on presentation of Seniors Card, must be accompanied by at least one standard fee paying visitor*
- Host** Valley Heights Locomotive Depot Heritage Museum
- Contact** Keith Ward on 4751 4638 or
publicity@valleyheightsrailmuseum.info

To commemorate Seniors Festival 2020, the museum's volunteers extend a cordial invitation to Seniors Card holders to take advantage of special ticketing arrangements* on this Open Day only. You and the family can take 20 minute rides on the heritage listed Sydney Steam Tram throughout the day. Enjoy small exhibits, model layouts, historic locomotives and carriages. Check out our new interpretive signage and view memorabilia from over 100 years of railway activity at Valley Heights. Then have a well-earned break in the café and browse the shop on departure.

Join our 'Trains, Trams & Ts' event. Enjoy all our 'BACK TO THE 20s' activities: Model T Ford cars, Live Music, Morse Code demos, Period Dress Competition - open to everyone - with prizes and more!

***For full pricing see website: valleyheightsrailmuseum.info**





Monday 24 February

Seniors Week Recognition Awards

- Venue** Blue Mountains Theatre & Community Hub
104 – 108 Macquarie Rd, Springwood
- Time** 10am – 12 noon
- Cost** Free (includes morning tea)
- Host** Blue Mountains City Council
- Contact** 4780 5546

Celebrate the contributions of individuals and organisations across the Blue Mountains in assisting the wellbeing of our seniors.







25 February - 28 February

Seniors 20% discount Meal Deal

- Venue** Ben Roberts Café
10 Benang St, Lawson
- Time** 8am – 2pm
- Cost** 20% discount offer (subject to total order)
- Host** Ben Roberts Café Lawson
- Contact** 0434 314 254

Simply show your Seniors Card and receive 20% off the total price of any order over \$30.

Please Note: Discount applies to full priced menu items only.

Wednesday 26 February

Movie Event

Adventures of Priscilla Queen of the Desert

- Venue** Palais Royale
230 Katoomba St, Katoomba
- Time** 10.30am for 10.45am start (1.30pm finish)
- Cost** Gold coin donation
- Host** Belong Katoomba Neighbourhood Centre
- Contact** 4782 1117

“One of the most commercially successful Australian films of the nineties both locally and internationally, this road-movie comedy follows the adventures of three Sydney drag-queens who travel through the Australian outback to Alice Springs where they are booked to perform their cabaret act”.

Tea , coffee and food available to be purchased at the Palais Royale Cafe.

Audio Description available for film for people living with vision impairment. An audio description app will be required on your smart phone.

Guest Speaker TBA





Thursday 27 February

Seniors Week Morning Tea

- Venue** Belong Blue Mountains
Mid Mountains Neighbourhood Centre
9 New St, Lawson
- Time** 10 – 11.30am
- Cost** Free
- Host** Belong Blue Mountains
Mid Mountains Neighbourhood Centre
- Contact** 4759 2592

Come and celebrate the value of seniors with a special morning tea at our outdoor café in the beautiful courtyard of the Mid Mountains Neighbourhood centre. Mix and mingle with other Blue Mountains residents in your local community and find out about social, health and lifestyle programs at your doorstep.

If weather not favourable, the café will be held in the Joy Anderson Room.

BELONG
BLUE MOUNTAINS

MID MOUNTAINS
NEIGHBOURHOOD CENTRE

Friday 28 February

History Tour of Lawson Cemetery

- Venue** Lawson Cemetery
90/80 Wilson St, Lawson
- Time** 11am – 1pm
- Cost** Free (morning tea included)
- Host** Blue Mountains City Council and Great Community Transport
- Contact** 4780 5546 (for transport and to RSVP for tour)

Nestled in 1.2 hectare bushland setting, this central Blue Mountains cemetery was dedicated in 1889. The cemetery tour will explore significant persons interred here notably Charles Wilson- son of Henry Wilson of the original Blue Mountain Inn in Lawson.

You will need to RSVP to this tour and morning tea. For residents requiring transport, a Community Access Bus will be provided on the Southern side of the train station behind the Blue Mountains Hotel to take people to the cemetery.

Bookings are essential
for transport and tour.





Saturday 29 February

Life at the Wild Frontiers: Tales from the Wollemi and the Ghost Town of Newnes – Part 2

- Venue** Springwood Library
104 Macquarie Rd, Springwood
- Time** 2 – 4pm
- Cost** Free (includes afternoon tea)
- Host** Blue Mountains Library
- Contact** Springwood Library on 4723 5040

The Bushexplorers – Michael Keats OAM, Brian Fox and Yuri Bolotin – return to Blue Mountains Library for another of their hugely popular talks on our local bush, its history and secrets.

Spaces are limited – bookings are essential and can be made at any Library branch.



Saturday 29 February

2020 Sydney Gay and Lesbian Mardi Gras Parade Mardi Gras Bus Trip

Venue Oxford St, Sydney

Time 2 – 11pm

Cost \$35

Host Belong Blue Mountains & Blue Mountains City Council

Contact **Bookings Essential on 4782 1117**

Join us and be a part of the parade and celebrations for Mardi Gras 2020. This event is open to older LGBTQI Blue Mountains community members. We will be traveling by bus from Katoomba and heading to Sydney to be a part of the 2020 Mardi Gras Parade. The bus will be leaving from Katoomba at around 2pm and return later in the evening around 11pm. Times may vary slightly. The bus will be a part of the parade.

Bookings are essential and participants will be required to meet the coordinator and attend a workshop briefing before the event. Please note that this is a major event in Sydney and a long day out, so participants attending will need to follow directions of outing representatives and be responsible for themselves for the duration of the outing.





Wednesday 11 March

Movie Event Breakfast at Tiffany's (1961)

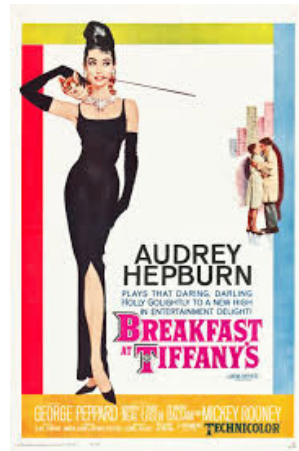
- Venue** Palais Royale
230 Katoomba St, Katoomba
- Time** 10.30am for 10.45 start (1.30pm finish)
- Cost** Gold coin donation
- Host** Belong Katoomba Neighbourhood Centre
- Contact** 4782 1117

Guest speaker Elizabeth Evett Community legal Centre

A 1961 American romantic comedy film directed by Blake Edwards and written by George Axelrod, it is loosely based on Truman Capote's 1958 novella of the same name.

Starring Audrey Hepburn and George Peppard, and featuring Patricia Neal, Buddy Ebsen, Martin Balsam, and Mickey Rooney.

Tea, coffee and food is available to be purchased at the Palais Royale cafe.







Thursday 19 March

Get Back! to the Carrington with The Beatels

Venue Carrington Hotel, Katoomba (in the Grand Dining room)

Time 11.45am (doors open 12 noon) – 3pm

Cost \$15 (includes light lunch)

Host Belong Blue Mountains and Blue Mountains City Council

Contact Bookings Essential on 4782 1117

The Beatels are a tribute group that has been wowing audiences around the world with their fab recreation of The Beatles live on stage since 1996 ... The Beatels regularly perform at major international events and these days are more often than not playing outside of Australia.

In the last few years, they have been regular visitors to Singapore and Malaysia, with other shows in Papua New Guinea, Vietnam, and of course, The Cavern Club in Liverpool – the very place where Beatlemania began!"

MC John Hockney.



BELONG
BLUE MOUNTAINS

KATOOMBA
NEIGHBOURHOOD CENTRE



2020 Seniors Festival Program Partners and Sponsors

- Belong Blue Mountains Katoomba, Mid Mountains & Lower Mountains Neighbourhood Centres
- Bendigo Bank (Katoomba & Upper Blue Mountains Community Bank)
- Blackheath Neighbourhood Centre
- Blue Mountains City Council
- Blue Mountains Library
- Blue Mountains Cultural Centre
- Blue Mountains Food Services
- Blue Mountains Leisure Centres
- Blue Mountains Theatre and Community Hub
- Great Community Transport
- Katoomba RSL
- Palais Royale Katoomba
- RSPCA
- Springwood Neighbourhood Centre
- The Carrington Hotel Blue Mountains
- The Groundswell Project
- Uniting
- Valley Heights Locomotive Depot Heritage Museum
- Winmalee Neighbourhood Centre
- Woodford Academy





Contact

Katoomba Office

2 Civic Place
Katoomba NSW 2780
Monday to Friday, 8.30am to 5pm

Springwood Office

104 Macquarie Road
Springwood NSW 2777
Monday to Friday, 9am to 5pm

Telephone

For local call cost from:
Lower Mountains (02) 4723 5000
Upper Mountains (02) 4780 5000

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Locked Bag 1005
Katoomba NSW 2780

Email

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Council Website

bmcc.nsw.gov.au

Have Your Say Website

bluemountainshaveyoursay.com.au